

April 27, 2015
Riverside @7:00

Present: Ed Staples, Nienke Klaver, Ole Juul, Brad Hope, June Hope, Bill Day, Lynn Wells,
Regrets: Spencer Coyne
Absent: Judy Short

Agenda

1. Minutes last meeting
2. Treasurer's Report
3. Treasurer's position
4. Updates:
 - 4.1 Steering Committee update
 - 4.2 March 31 Rally for Healthcare
 - 4.3 Music and Memory
 - 4.4 Jacky Tegart meeting
 - 4.5 Betty Brown meeting
 - 4.6 Making a Healthcare Plan (Lynn Wells)
 - 4.7 PGH Aesthetic Improvements
 - 4.8 High School Colour me Healthy Run
 - 4.9 LeadNow on line petition
 - 4.10 Reception Dr. Sandhu
5. New business

1. **Minutes:** the minutes from the February 9 meeting were accepted.

2. **Treasurer's report:** our current balance is \$ 974.00. Accepted

3. **Treasurer's position:** Ed Staples thanked June Hope for her past services and wished both Brad and June all the best in their new ventures. Ole Juul was accepted as the new Treasurer.

4.1 **Steering committee:** nothing major to report.

4.2 **March 31 Rally:** Bill Day gave a report on the Vancouver rally he attended. There was a strong union representation. He mentioned he was thunderstruck at the lack of awareness and lack of knowledge of the public. Bill thinks that people do not realize how bad things are, and mentioned that the union had trouble to get people out. Here in Princeton the union rep Sharon Zieske told us she had problems getting people from the union to attend and felt they were too 'beaten down'. Ed wondered what can be done about the apathy. Ole thinks this is a phase and thought that if and when media gets more involved people will be getting more aware.

4.3 Music and Memory; Barbara Gagnon sent an email with the comment that the program is a 'huge success'. SOHC will be doing a detailed article on this after the program has run for a while to be sent to our local papers as well as larger provincial papers.

4.4 Jacky Tegart meeting; Present were Jacky Tegart, Lori Pilon, Lynn Wells, Ed Staples and Nienke Klaver.

We shared the successes that SOHC had in the last few months such as the Music and Memory program at Ridgewood Lodge and the Princeton Access to Specialist Care project, funded by the Shared Care Committee, a joint collaborative committee of the Doctors of BC and the Ministry of Health. Ed was asked to write a letter about this specialist program which will be hand delivered to Terry Lake by Jacky Tegart.

We talked about the possibility of starting a pilot program to hire a Physician Assistant for Cascade Clinic. Although PAs are not used in BC, the Doctors of BC are in favour of them, our local doctors are in support and willing to pay the salary of a PA.

4.5 Betty Brown meeting; present were Betty Brown (IH liaison for Okanagan Similkameen Healthy Living Communities - OSHCL, and honorary professor at UBC Okanagan), Susan Brown (IH and chair of OSHLC) , Marilyn Harkness (Board member of OSHCL), Angelique Wood (coordinator of OSHLC), Kim Maynard, Lynn Wells, Ed Staples and Nienke Klaver.

Betty Brown talked about the potential of working with students from UBC in Kelowna. The conversation turned to possible collaborations between Town, Coopers, restaurants and Princeton High School students.

It was suggested to have a movie night at the Riverside Community Hall highlighting the negative health impacts of sugar to our diet, followed by a grocery store tour. The link to the movie Fed Up is <http://fedupmovie.com/#/page/fedupchallenge>

4.6 Lynn Wells made a presentation about **Making a Health Care Plan** and shared a printout of "Don't take Chances" which contains a link on page 6 to the guide for developing your own health care plan. which involves Planning your End of Life care(for all ages). See attached PDF.

Bill suggested it would be good to get an article in the newspapers about this and Lynn offered to contact Andrea DeMeer.

4.7 PGH Aesthetic Improvements This working group is a side group of the Steering Committee to make PGH more 'welcoming' and attractive. The Steering Committee has accepted the report that Ed Staples presented.

On April 24 Kim Maynard, Ed Staples, Nienke Klaver, Merrilyn Huycke and Leila Bird (Hospital Auxillary) met and it was decided to have the coke and snack machines taken out of the front lobby. The doctors would like to have that space available for more chairs and Merrilyn Huycke will be doing a mural on the wall.

Bill Day mentioned that it would be important for the working group to stay active even after everything is finished, so that things do not slide back. Bill offered to contact Sooz

Klinckhamer, a friend of his who is an aesthetic designer for institutions, to ask if there's anyone in the Princeton area that might be involved in design.

4.8 Colour me Healthy Run; The leadership class of PSS is organizing a 5 km run (or walk) as a fundraiser with the proceeds going to the newly formed Princeton Health Care Sustainability Society. Their goal is to raise \$10,000 for this society.

Date: May 23, Registration/Sign In: 9:00 am.

SOHC has committed to 4 volunteers to help with the registration.

4.9 LeadNow has an online petition to defend and strengthen universal health care in Canada. This is an easy way to let your MP and all politicians know that you want a strong commitment to protect and strengthen universal health care. Please share this petition with your friends.

<http://www.leadnow.ca/defend-our-health/>

4.10 Reception for Dr. Sandhu; Ed will check with Dr. Sandhu if she would be comfortable with a small reception, possibly at the Museum.

5. New Business; June Hope mentioned that two people will be riding their bikes across the country to raise awareness to the symptoms, testing and treatment of Lyme disease. They will be going through Princeton on May 13.

<http://canlyme.com/2015/04/21/press-release-cross-canada-bike-ride-for-lyme-disease/>

Actions;

Nienke - send CCPA article to Brad, June, Ole, Judy, Spencer.

Lynn - contact Andrea DeMeer about an article re making a health care plan.

Lynn - get more information about the Hedley food basket

Bill - contact Sooz Klinckhamer re beautification at PGH

Ed - talk to Dr. Sandhu re reception

June - share information about the Lyme bike ride

The meeting was adjourned at 8:38

No date has been set for the next meeting.

Nienke Klaver