

Support Our Health Care (SOHC) Society of Princeton  
Meeting: February 29, 2016, 3:00 pm

Present: Ed Staples, Bill Day, Nienke Klaver, Lynn Wells, Ole Juul, Keith Olsen

### **Agenda**

1. Minutes of November 26 (2015) meeting
2. Treasurer's Report
3. John Akerley - replacement- constitution review
4. Community Consultation
  - summary report discussion
  - coordinating plans with Steering Committee
5. Action Plan update
6. TPP discussion - developing a political action plan
  - report on Bill Day's meeting with MP
7. Health care seminars - Keith Olsen
8. OSHLC Healthy Living Fair - Penticton, March 12
9. RHSRN Kamloops Conference
10. Mental Health Issues in Older Adults (Nelly Oelke) - report on February 26 meeting in Oliver
11. Fun Run for Health
12. Bill Spring initiative fund raiser

1. **Minutes** from the November 26 2015 meeting were accepted as read by Nienke Klaver; Ole will add the minutes to the SOHC website
2. **Treasurer's Report** - our current balance is \$ 814.17 - accepted; motion by Ole Juul to get a debit card for the purpose of obtaining online information on the account, seconded by Bill Day - carried; Ole will also take care of the kitty.
3. **Director vacancy** - Bill Day moved that the chair approaches Martin Hough to fill the vacancy, seconded by Keith Olsen - carried  
Bill will draft up an addition for our constitution
4. **Community Consultation** - we determined which items in the summary report SOHC will take action on:
  1. **brochure** with practical information about the available healthcare programs and services in Princeton and Area
  2. **seminars**, workshops, educational evenings and presentations on issues that are important to our community
  3. a coordinated **volunteer program**, probably through Community Services

Ed will share these action items with the Steering Committee and request their active consent and support.

4.1 Ole Juul and Lynn Wells will take on the brochure, Lori Thomas was asked and agreed to be part of this committee and will phone IH for more information on their programs; the Steering Committee will be used as a sounding board

4.2 educational evenings: use an evidence based approach, identify our local health care issues with input from the healthcare practitioners

5. **Action Plan update** - it was decided to move this forward to the next meeting; it will serve as the core for SOHC's agenda of the new year

6. **TPP discussion** - Bill Day attended the regional meeting of his MP, fostered a friendly relationship with her assistant and got the assurance that anything that Bill will send will be read and responded to. His first letter has been transferred to the Minister of Health.

Lynn Wells suggested to contact Karley Scott and volunteered to give her a phonecall. It was decided that Bill and Lynn will work together on reviewing material, both national and international, that has been generated, use it, publicize the downside of not doing anything, and what the TPP would mean for small rural communities such as Princeton. Nienke will provide help with doing research.

7. **Healthcare seminars** - Keith gave an update about his contact with a group from UVic that works together with IH. He signed up for a 4 day leadership course in Penticton on self managed chronic pain and after that a course under direction of UVic. His involvement in this will be very beneficial for Princeton and Area, since we will be able to attract experts to come to Princeton to give seminars and workshops. Ed mentioned a documentary that talks about the role of happiness, pain management, mental health issues and the effect pain has on a person's mental health that was recommended by Joseph Savage from IH. Ed and Bill will work with Keith under his leadership on this project. It will include a presentation and proposal for the approval of the Steering Committee.

8. **OSHLC Healthy Living Fair** - Penticton, March 12; Keith will be able to attend the first hour of this.

9. **RHSRN Kamloops in May** - we missed the deadline to do a presentation. Ed and Nienke will circulate more information on the dates to see if anyone from SOHC will be able to attend.

10. **Mental Health Issues in Older Adults** (Nelly Oelke). Nienke and Ed attended a meeting in Oliver with the purpose of providing direction for the research project. Even though the grant was not approved that would have allowed Princeton and Area to be directly involved in this project, SOHC will continue to be included as the research progresses. The meeting centered around discussion on gaps in research, what type of research would be helpful to communities, providers and community

members with mental health concerns, and discussion of possible research questions and methodology.

**11. Fun Run for Health** - it was decided that SOHC's mandate is not about fundraising. If asked, individual members could volunteer to help.

**12. Bill Spring initiative** for fundraising for the sustainability committee. For the same reason as above we will not be able to take this on. Ed will phone Bill Spring to let him know.

**Other business** - Lynn suggested the idea of having a flatscreen installed at PGH to display healthcare information, so that some or all of the paper clutter can be removed. Ed will bring this forward to Steering Committee  
We ended the meeting with talking about possibly organizing a social event once Dr. Mousa is here. SOHC will send him a letter of welcome.

### **Action items**

- Ole will add the minutes to the SOHC website; pursue the debit card from the bank; send email to Lynn and Lori to kick off the brochure; update the Steering Committee's website with the help of Ed
- Lori will phone IH for more information on our local programs
- Bill will draft an addition to add to our constitution
- Ed will present the SOHC action items from the Community Consultation to the Steering Committee; send a letter of thanks to Dr. Barbara Pesut with a copy to the Dean of the University; help Ole with updating the Steering Committee's website; present the idea of a flatscreen tv in PGH; phone Bill Spring re fundraising; write a letter of welcome from SOHC to Dr. Mousa
- Ole Juul, Lynn Wells, Lori Thomas will start to gather information for the brochure
- Lynn Wells will phone Karley Scott re TPP
- Nienke will find TPP facts and data and will forward these to Bill and Lynn
- Keith, Bill and Ed will work on a proposal to present to the Steering Committee on healthcare seminars and workshops
- Ed and Nienke will send information around about the RHSRN Conference held in May.

The meeting adjourned at 5:10

Nienke Klaver