

# How has your mental health been affected by wildfires, floods, smoke and COVID-19?



You are invited to take part in a research study called “Mental Health, Climate Change Events and COVID-19.” We would like to better understand the impacts of climate change events such as wildfires, flooding, and smoke on your mental health and that of others in your community. We also know that COVID-19 is impacting the mental health of people; sometimes these things occur at the same time. You can take part in the study in different ways.

- 1) Survey: [https://ubc.ca/1.qualtrics.com/jfe/form/SV\\_etFIMuUCZXjSkLL](https://ubc.ca/1.qualtrics.com/jfe/form/SV_etFIMuUCZXjSkLL)
- 2) Submitting items such as photos, drawings, stories, poems and collages and answer questions about those items through the survey link: <insert link>

You can take part in all or some of the above activities. In all cases, we will ask questions about your background and your experiences with wildfires, floods, smoke and COVID-19.

To take part:

- Live, work or go to school in or around a rural community in British Columbia
- Are 15 years and over

If you have questions or would like to participate please contact:

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